

CG Football TEAM Pledge

I, _____, give my word as a man that I will commit to attending every zero hour workout, Speed and Agility session, Summer Workout, and every team function that my FAMILY schedule will allow. I will do it with a positive attitude and with a single minded focus of improving the TEAM.

I WILL commit to attending 85% of all summer workouts (4 misses only).

I WILL commit to the Players/Coaches Oath and the CG Football Ethos.

I WILL commit to excellence as a student and player. My success and achievements are for the TEAM. All individual goals and accomplishments are secondary to the TEAM success. Jealousy, selfishness, and **individualism** are tremendously destructive to our TEAM.

I WILL not participate in any cliques or segmented groups that destroy the TEAM concept and unity.

I WILL commit to having a WINNING ATTITUDE!

I WILL accept the role on the team that **I have earned** and will constantly try to better myself for the betterment of our Team.

I WILL commit to not putting ANYTHING in my body that is not supposed to be in there (Drugs, Alcohol, Steroids, "Pro-Hormones", Tobacco, or any other unapproved supplements or substances).

Understanding, I will be suspended indefinitely if after an investigation by coaches and or administrators result in any proof of such occurrences.

Player's Signature

Date

Player's Printed Name

Grade